What can YOU do about bullying?
STAND UP!
PREVENT BULLYING NOW!
SPEAK OUT!
Cheaper By The Dozen

- Has anyone seen or read *Cheaper By The Dozen*?

**Background:**
- A family moves into a new city from a very small town, and a new school.
- One of the brothers gets bullied over a period of time, and he becomes sick and tired of all the taunting.
- Let’s see how he handles a difficult situation.

*Turn the volume up and Click to watch:*
http://www.schoolclimate.org/bullybust/upstander/video-resources/cheaper-by-the-dozen
Discussion Prompts

▪ What does it take in someone to walk away from a difficult situation?

▪ In this situation, who is the stronger or bigger person?

▪ How would you describe the boy’s self control, and what role does his sister play?

▪ How might this scene have looked if the sister did not Stand Up or Speak Out?

▪ What about the role of the bully’s friends, the audience? Do you think they could have done anything to help?

www.schoolclimate.org/bullybust/upstander/video-resources/cheaper-by-the-dozen
When you’re bullied...

Being bullied is painful, but it is important to remember that you are not alone! Below are some tips:

• **Stand Up!** Speak up against bullying. Say something like, “stop it.”

• Walk away. Act like you do not care, even if you really do.

• Tell an adult you trust. They may have ideas about what you can do.

• Stick together. Staying with a group might help.
How to Be More Than a Bystander

Click for an Interactive Link, please select LEARN MORE to watch the KID’S PERSPECTIVE: http://www.stopbullying.gov/respond/be-more-than-a-bystander/index.html

OR

Clip each Tip # for a short video

Tip 1
Be their friend.

Tip 2
Tell a trusted adult.

Tip 3
Help them get away.

Tip 4
Set a good example.

Tip 5
Don’t give bullying an audience.
When you see someone else being bullied...

• Be a friend to the person who is being bullied. Talk with them. Sit with them at lunch.

• Tell an adult. Tell a teacher or coach you trust.

• Help the person being bullied get away from the situation.

• Don’t give bullying an audience.

• Set a good example. Do not bully others.

• If it is safe Stand Up! speak up. Say something like, “Stop it!”

See the 10 Ways to be an Upstander in your School.

www.StopBullying.gov and http://www.bullybust.org/students/what-to-do
Have you ever watched someone bullying?
Did you stop and stare? Great... bet that helped!!
Did you know 1 in 10 students drop out of school because of being bullied?
When you say nothing you say it's okay.
Next time speak up! Silence hurts.