

BULLYING

What IS It?



During this lesson, please follow these rules:

- Think to yourself
- Only share comments that are appropriate
- Please do not use the names of other people

Why is it important to discuss Bullying?

- Safety
- Distraction from learning

“Forrest Gump” Background and Link

Background:

Forrest Gump knows he is different from everyone else. He looks different, he walks different, he talks different. All the other kids remind him that he is different, and they exclude him because of it. All the kids, that is, but one...

Turn up the volume and Click to watch:

<http://www.bullybust.org/upstander/video-resources/forest-gump-pg-13>

“Forrest Gump” Video Clip and Discussion Questions

- Have you ever done been kind to someone who no one likes? What did you do? How did it make you feel? (remember – no names)
- Have you even been in the situation where you are different from most people or no one talks to you? How did you feel?
- Being empathic or putting ourselves in the other person’s shoes provides the foundation for understanding the person. What is an example of someone who is “different” who you have had an easy time understanding and empathizing with?

“Forrest Gump” Video Clip and Discussion Questions

- What is an example of a time when understanding and empathizing with someone who is “different” was very challenging to do? What can you learn from these two very different experiences?
- Why is it easier to be nice to someone who is different when you meet him or her alone than when you are with your friends?
- Have you ever tried to hide your difference from your friends because of fear of exclusion?

WCPSS on Bullying / School Board Policy

Definition of Harassment and Bullying

1. Harassing or bullying behavior is any **repeated, systematic** pattern of gestures or written, electronic, or verbal communications, or any physical act or any threatening communication on school property; at any school sponsored function; on a school bus; or as otherwise stated in Board Policy... and that:

WCPSS on Bullying / School Board Policy Definition of Harassment & Bullying (Cont'd)

- a. Results in a student or school employee feeling actual and reasonable fear of harm to himself or herself or damage to his or her property; or
- b. Creates or is certain to create a hostile environment by substantially interfering with or impairing a student's educational performance, opportunities, or benefits. A hostile environment means that the victim views the behavior as bullying or harassing and the behavior is severe or goes on long enough that a reasonable person would agree that it is bullying or harassing.

WCPSS on Bullying / School Board Policy Definition of Harassment & Bullying (Cont'd)

2. Harassing or bullying behavior includes, but is not limited to, acts reasonably perceived as being motivated by any actual or perceived differentiating characteristic, such as race, color, religion, ancestry, national origin, gender, socioeconomic status, academic status, gender identity, physical appearance, sexual orientation, or mental, physical, developmental, or sensory disability, or by association with a person who has or is perceived to have one or more of these characteristics.

IS IT BULLYING?

When someone says or does something *unintentionally* hurtful and they do it once, that's
RUDE!

When someone says or does something *intentionally* hurtful and they do it once, that's
MEAN!

When someone says or does something *intentionally* hurtful and they keep doing it - even when you tell them to stop or show them that you're upset, that's
● **BULLYING!**

PRESIDENT OBAMA'S ANTI-BULLYING PSA

Click this url to view President Obama's Anti-Bullying Public Service Announcement:

<https://www.youtube.com/watch?v=IYOeQsLszvU>

ACTIVITY

Lesson plan for activity on
Shared folder under “*Monday B*
Bullying Awareness Literacy
Lesson Plan 2015-2016

The End